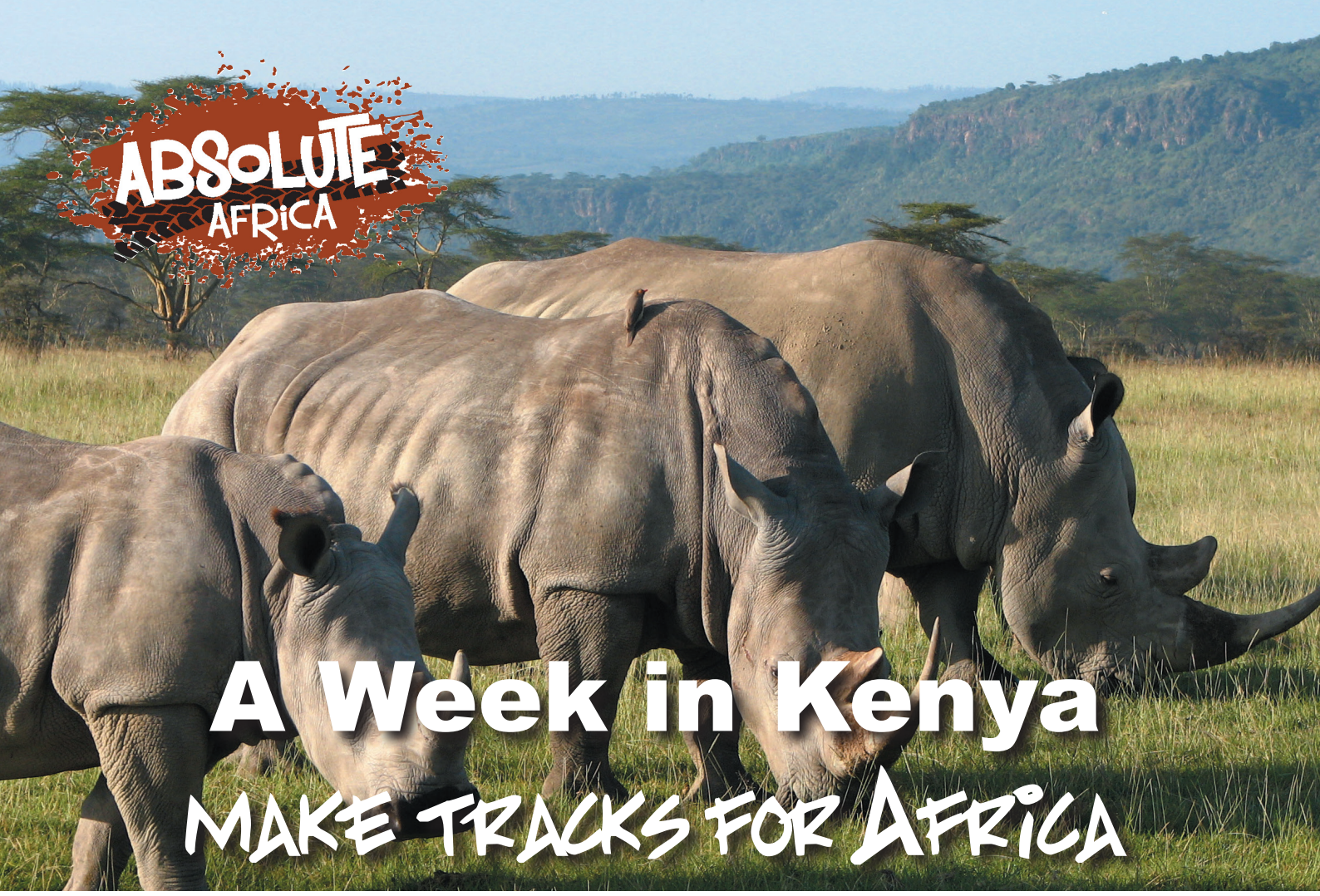

This information pack has been put together so that you can prepare for your overland tour. It has been developed over many years of experience overlanding. Please read it carefully.

Departure dates for A Week in Kenya

Depart Nairobi	Finish Nairobi	Price
14 Jun 2026	22 Jun 2026	£1485
14 Jul 2026	22 Jul 2026	£1485
23 Jul 2026	31 Jul 2026	£1485
08 Aug 2026	16 Aug 2026	£1485
13 Aug 2026	21 Aug 2026	£1485
07 Sep 2026	15 Sep 2026	£1485
05 Oct 2026	13 Oct 2026	£1485
18 Oct 2026	26 Oct 2026	£1485
17 Nov 2026	25 Nov 2026	£1485
12 Dec 2026	20 Dec 2026	£1485
09 Jan 2027	17 Jan 2027	£1485
08 Feb 2027	16 Feb 2027	£1485
13 Jun 2027	21 Jun 2027	£1485
04 Jul 2027	12 Jul 2027	£1485

There is no local payment for this safari.

Countries visited: Kenya

Highlights: Giraffe Park • Sheldrick's elephant orphanage • Game drives in the Masai Mara • Rift Valley • Elsamere for high tea • Lake Naivasha • Hells Gate National Park •Crater Lake Sanctuary• Hippo Cruise • Maasai village overnight stay • Game drives in Nakuru National Park • Children's orphanage • Hot air balloon

safari

Safari structure: In just over a week travel to the world famous Masai Mara, and Lake Nakuru National Park for game drives and the chance to see Africa's famous wildlife. Explore Lake Naivasha on a hippo cruise, visit Sheldrick's elephant orphanage and Nairobi's Giraffe Park, and take the chance to visit Hells Gate National Park or the Green Crater Lake Sanctuary. This tour is a component of a longer safari. Along the way you will meet travellers who may be doing longer or shorter components of this program.

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Flights

When arranging your flights we suggest that you arrive the day before this overland safari begins. Return flights should be arranged to depart a day after your safari is scheduled to end.

For this tour clients usually book a Nairobi return flight.

There are many airlines that fly in and out of Nairobi's international airport from hubs all over the world. Try looking at Kenya Airways, British Airways, KLM/Air France, Virgin, Lufthansa, Qatar Airways, Emirates, Swiss Airlines and Ethiopian Airways.

At certain times of the year flight availability can become very tight and delays in booking may result in having to pay higher prices. We do recommend you organise your flights at the earliest possible opportunity once you decide to travel.

We can help you with a flight quote. Please feel free to call the office if you would like assistance.

A friendly Reminder – When purchasing your flights, check whether your flight ticket already includes departure tax (if applicable) for the country you are flying out of at the end of your trip. If it does not, remember to keep the necessary funds aside in USD to make this payment.

Insurance

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Your safety and enjoyment when traveling with Absolute Africa are of the utmost importance to us, which is why it is essential that you have arranged adequate travel insurance to cover your whole trip.

We are happy to introduce you to specialist insurance brokers Campbell Irvine, underwritten by AWP P&C SA. The cover includes a 24-Hour Worldwide Emergency Medical Service who are expert in providing friendly and professional emergency help.

Click on the following link to the page on our website to find out more: www.absoluteafrica.com/Insurance

Do note that it is a condition of booking that you have contacted your insurers to confirm that the cover you have arranged is appropriate for ALL your requirements, taking into account the remote nature of overland travel, and that any hazardous activities you may intend to undertake are fully covered, including whitewater rafting on grade 5 rapids, scuba diving, trekking Kilimanjaro, volunteer work and bungee jumping.

When selecting insurance carefully consider the cancellation policy, as well as cover for any valuables you might take. If you are travelling one way do check that you are covered. Many policies require that you are resident in the country of purchase. If you are not resident in the country where you are purchasing your travel insurance do make sure that you have cover.

Remember when traveling it is important to take all sensible precautions in regards to your security, safety and health, including taking precautions to avoid illness such as malaria. We advise you to make an appointment with a travel clinic as soon as possible after deciding to travel. Your travel insurance might also be affected by the relevant government's Travel Advice for the countries on your route. Do stay up to date with the latest official government Travel Advice.

Visa requirements for A Week in Kenya

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Your passport needs to be valid for at least 6 months after your trip finishes.

Ensure as well you have adequate pages in your passport. As a guide we recommend you have a minimum of 3 blank pages for your visit to Kenya.

All travelers need to apply for an Electronic Travel Authorization (ETA), this needs to be done in advance and will allow you to stay up to 90 days.This is 30 USD.

This can be done through this website: https://www.etakenya.go.ke/en.

Be aware that visa requirements can change without prior notice. This information is given as a guide only. We do ask that you also check your personal current visa requirements with the Kenya embassy well in advance before you travel. Ultimately you are responsible for ensuring your visa arrangements are adequate for your trip. For more information on visas check out https://www.absoluteafrica.com/Visa and www.projectvisa.com

Pre and post safari information

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Joining in Nairobi

The Week in Kenya safari usually departs from both the Heron Hotel at 8.30 am on the departure date, and from the Wildebeest Eco Camp at 9.15 am.

We can reserve accommodation for you prior to departure in Nairobi at the Heron Hotel, Jakaya Kikwete Road or Wildebeest Eco Camp, Mokoyeti Road West, which is about an hour from the Heron Hotel, depending on traffic.

Accommodation options

THE HERON HOTEL
Rooms are en suite and room service is available. There is an e-mail cafe as well as a swimming pool and a restaurant. The restaurant is open from 7.00 am for breakfast. There are also individual electronic safety deposit boxes in every room and this is inclusive of the accommodation.

Prices for the Heron Hotel are
11,000 KES for a single en-suite room including breakfast
14,000 KES for a double en suite room or twin share en suite room including breakfast.

Airport transfers can be arranged to the Heron Hotel . Prices are:

US$35pp (4,550 KES) for 1 person
US$20pp (2,600 KES pp) for 2 people

The Heron is payable on arrival in Kenyan Shillings or by credit card (Visa and MasterCard)

Cancellation penalties apply for 'no show' unless 24 hours notice is given. If your arrival in Nairobi is delayed, please ensure you contact the Absolute office or the Heron Hotel in Nairobi.

Alternatively Wildebeest Camp offers slightly cheaper accommodation.

WILDEBEEST ECO CAMP
Wildebeest is a permanent-tented camp with dorms, private rooms and safari tents including en-suite, based in peaceful gardens. Prices include a simple breakfast.

Wildebeest is payable in Kenyan Shillings, Euros, USD, GBP and credit card. Credit card payments attract a 5% charge.

The camp has a restaurant, bar, internet, and lockers in the dorms. Breakfast is served from 07:00am.The showers are usually hot.

Prices for the Wildebeest Camp are:

Dorm	40 USD
Single Garden Tent	56 USD
Double Garden Tent	88 USD
Single Cottage Room	88 USD
Double Cottage Room	120 USD
Single En-suite GardenTent	104 USD
Double En-suite Garden Tent	136 USD

All prices include breakfast.

Airport transfers can also be arranged to the Wildebeest Campsite payable in KES. Prices are:

US$20 - 25 (2,500 KES) for 1 person
US$15 - 18 (1,500 KES) pp for 2 people

If your arrival in Nairobi is delayed please ensure you contact the Absolute office or the Wildebeest campsite in Nairobi.

Wildebeest campsite require 30 days notice to cancel a booking. All bookings cancelled within one month of arrival will be subject to a 100% cancellation fee.

Please note that all prices quoted in USDs are an approximation. Prices can vary dependant on the foreign exchange rate of the day.

Day trips in Nairobi

If you wish we can arrange tours to take in some of the sights of Nairobi.

Nairobi National Park
We can arrange a half-day visit to Nairobi National Park, which is the oldest park in Kenya. Lion, gazelle, oryx, zebra, giraffe, buffalo, cheetah and leopard are seen regularly, as well as rhino. Price: Upon request

Other options to consider with your overland safari

Climb Kilimanjaro
Kilimanjaro is just an hour's drive from Arusha, and a short flight or shuttle journey from Nairobi. We offer a variety of Kilimanjaro Treks to the 'roof of Africa', Kilimanjaro, along the most popular and the more obscure routes using our experienced local team lead by Samson Luawo, the grandson of the famous Yohani Kinyala Lauwo, 'Mzee Lauwo', who led Hans Meyer, the first European to summit Kilimanjaro in 1889.

For further check out http://www.absoluteafrica.com/Climb-Kilimanjaro-with-Absolute-Africa

We can also tailor beach stays on the Kenyan Coast or on Zanzibar Island...

Beach Stays on the Kenyan Coast
Unwind on the white beaches of the Kenyan coast.
Prices from U$22 pppn in simple beach tree huts. Please contact us for further details.

Beach Stays on the Zanzibar Island
We can arrange for a stay in traditional Stone Town, and on the sunbleached beaches of Zanzibar. Let us know your requirements. For further details contact our office and feel free to visit: www.absoluteafrica.com/summary.lasso?trip_code=ZI01

A 5 day safari in the with game drives in the Serengeti and Ngorongoro Crater
We have co-coordinated A Week in Kenya to link with our 5 day safari into the Tanzanian game parks. Continue on with your safari to travel into Tanzania for game drives in the Serengeti and Ngorongoro Crater. Talk to us as to the special price we can give you if you wish to add these parks on to your overland tour.

Eating out in Nairobi prior to departure
The restaurant at the Heron is excellent. If you feel like an alternative though you might also like to visit the Pan Afric Hotel just down the road, which has a popular terrace cafe overlooking the street. We advise you to catch a taxi to the Pan Afric, particularly if eating there at night. The taxi should cost approximately 300 - 400 KES.

Departing Nairobi
On the departure date we will collect you from either from The Heron Hotel, Nairobi, at 8.30 am, or Wildebeest Eco Camp at 9.15 am, depending on your location. We will then head up country to Nakuru.

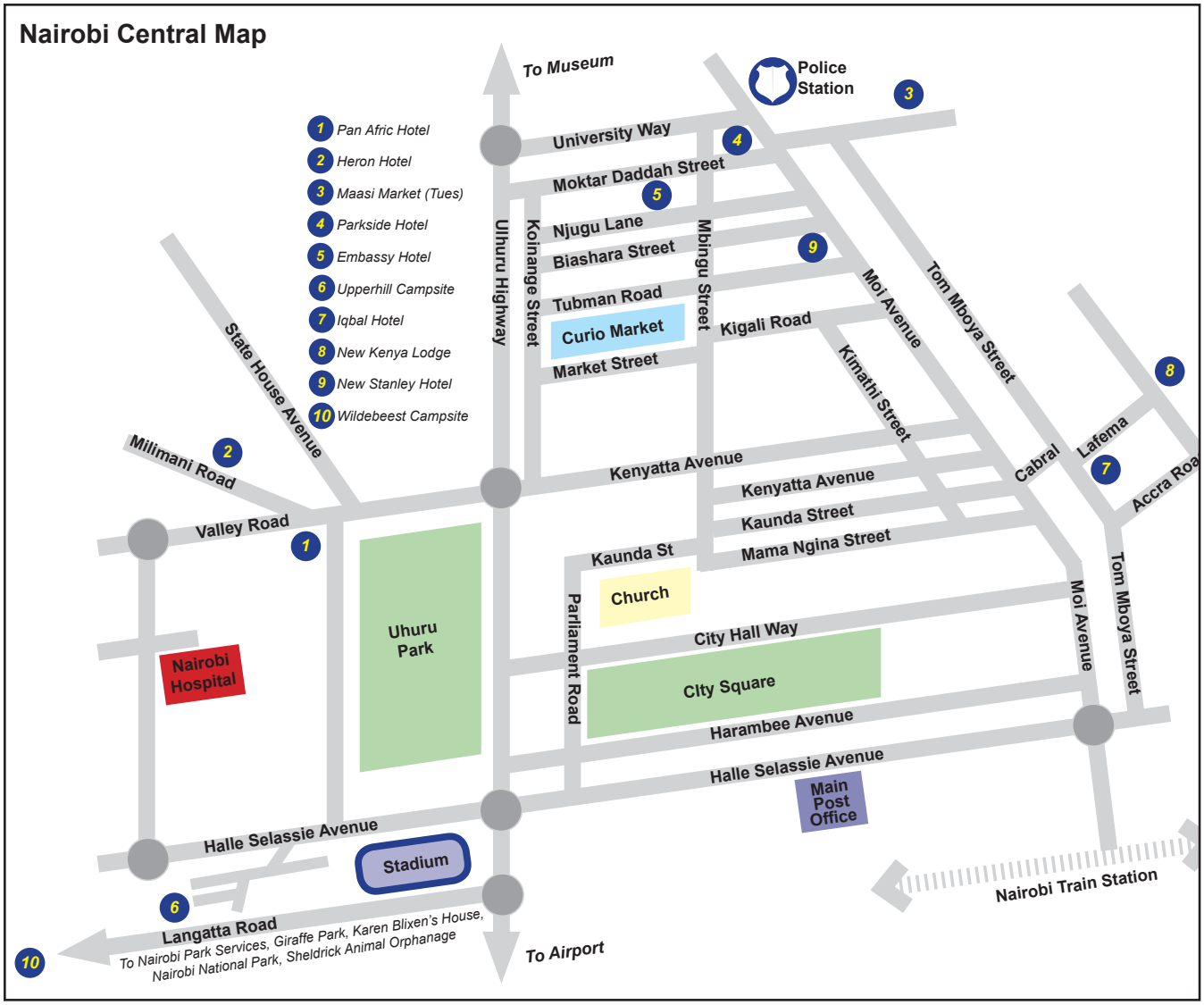
The crew will organise a meeting on Day One to go through all the basics you need to know about your safari, including health, hygiene, security and safety procedures. Please ensure you read the relevant sections in this dossier carefully as well. The crew will also collect organise rosters and tent partners, show you how to put up your tent and answer any questions you may have. There will probably be many aspects of going on an overland camping safari in Africa that will be very new for you, so do listen carefully.

Your crew are there to do all they can to help. Please feel free to discuss any matter with them. Do remember you are on a group trip and it is as valuable to listen to other people's ideas, as it is to contribute your own. Your crew have been trained and do know your route. They will facilitate group discussions and will advise to the best of their abilities.

Important pre-safari details
Upon booking this overland trip a form is sent to you on which you can advise us of all your booking requirements in Nairobi including transfers and accommodation. You can also update us on this form of any change in your details and confirm your insurance details, if you don't know these when booking.

Whilst staying at the Heron or Wildebeest, remember to look for last-minute messages in the foyer from your crew. Do protect your valuables at all times.

Flight departure
Check in as early as possible prior to your departure time: your flight ticket will indicate how early you should check in. When checking in you may need to show your Booking Voucher to demonstrate that you will be doing a tour in Kenya. Please remember to carry this with your personal documents. The booking voucher is issued upon receipt of final payment. Your booking voucher will also have emergency contact details in the event you need assistance in transit.



Arriving in Kenya – Jomo Kenyatta International Airport, Nairobi
At the airport, the signs are in English and Swahili. There is always a bank open for international arrivals.

You will find a bank to your right after you collect your backpack before you go through customs. You should change up enough money into Kenyan shillings for what you need until you meet the truck or can next get to a bank. Do remember you need to pay for any meals you will have before the trip starts, including breakfast for the morning of the departure, as well as your accommodation and transfers prior to departure.

NB: For rough budgeting/banking purposes, in Kenya the exchange rate is currently 1US$ =129 KES (March 2026)

Travelling into Nairobi: The airport is situated 15 km from the centre of Nairobi. The easiest way to get into town and to The Heron or Wildebeest camp is to use a taxi. For your own safety and security, do not get the local bus into town.

If you would like the Absolute Office to order a taxi for you ahead of time so that there is someone waiting for you at the airport, do let us know using the previously mentioned form.

Alternatively the information desks at the airport can help you with taxis, which can be hired at the front of the airport. Do ensure your taxi is licensed and appears in reasonable working condition. Remember also to confirm the fare before you climb in the taxi.

Do be aware that anyone offering to assist you with your bags at the airport will expect a tip. You can say no politely. Expected tips for assistance with bags are around 100 KES. It is wise to have a small amount of change readily available.

The end of your overland safari

A Week in Kenya finishes in Nairobi. We usually eat out in one of Nairobi's famous restaurants on the last

evening.

Accommodation is covered for the last night. Talk with your crew if you need a taxi booked for your onward journey.

Health and immunisation

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Prior to departure it is essential that you contact a specialist travel medical clinic. Clinics such as one of Nomad's Clinics in the UK will provide you with the latest recommendations for travel in Africa.

You will need to have the required immunisations and start a course of anti-malarials prior to departure for this trip. Travelling to Africa will expose you to diseases and health hazards that you may not have come across before, such as malaria and waterborne parasites including bilharzia. You must consult a medical professional that specialises in travel medicine before you depart to discuss where you will be travelling in regard to the above, your immunisation schedule and any other requirements. Remember to start your vaccination program in good time, so that it is completed before you go. About six weeks is usually adequate, depending on how up to date you currently are.

Ensure you are well informed about any health concerns en route so you can stay fit and healthy to relax and enjoy your trip. The Lonely Planet publishes a medical travel guide for the region that may be of interest called 'Healthy Travel Africa'.

You may also like to check out the following websites:
www.fitfortravel.nhs.uk
www.dh.gov.uk

Suggested travel clinics in the United Kingdom
Nomad Travel Stores and Clinics
Tel: 01341 555 061

- 11 S Molton St, Mayfair, London W1K 5QP, UK
- 65 London Wall, London, EC2M 5TU

There are also Nomad clinics in Bristol, Cardiff and Manchester.

Visit www.nomadtravel.co.uk for further information.

If travelling from Australia, Fiji, New Zealand, South Africa or destinations in Asia we recommend you contact Travel Doctor/TMVC. Their websites are at:

www.traveldoctor.com.au/
www.traveldoctor.co.nz
www.traveldoctor.co.za

There are travel clinics in many of the big centres in Australia, New Zealand and South Africa, as well as in Thailand, Singapore, Hanoi, Bali and Nadi.

Suggested immunisation requirements (This is only a guide!)

The immunisations usually suggested for this safari are:

- Yellow fever – Vaccination must not be left any later than 10 days prior to departure and you must be able to show proof i.e. carry your certificate of vaccination with you.
- Typhoid
- Polio
- Tetanus
- Hepatitis A (three months)
- Meningitis
- Diphtheria
- Tuberculosis
- Other Suggested Immunisations – Hepatitis B, rabies.

It is essential to take a course of anti-malarials. It is best to discuss the type of anti-malarial medication you

should take with a travel clinic such as Nomad. They will have the latest information on which medication is most effective in the countries through which you will be travelling. They can also advise on possible side effects and which drug might best suit you. Do follow all medical advice given with your prescribed medication. Do be aware that some anti-malarials can have negative side effects and also that your choice of drug needs to be appropriate to protect against strains of malaria specific to the regions in Africa through which you are travelling.

The choices usually suggested are:
Larium, taken x 1 a week
Doxycycline, taken x 1 a day
Malarone, taken x 1 a day

Do think about how to set up a reminder system for yourself so you remember to take your medication. If you are taking a daily medication as an anti-malarial, do remember also to carry it with you on the plane in your hand luggage.

As well as your anti-malarials, you will need to bring a number of other medical items in a simple Personal Medical Kit. Medical kits can usually be bought at travel clinics. Alternatively lists as to the types of items you are advised to carry can be found in the 'What do I need to bring on safari?' section on page 14.

General information on avoiding malaria

The best way to avoid malaria is to guard against being bitten by mosquitoes and stick strictly to your chosen medication regime. To protect yourself from being bitten:

- Cover exposed skin thoroughly in insect repellent, such as DEET, from dusk to dawn, and reapply it regularly. When applying with sunblock, put it on top of the sunblock.
- Ensure you carry enough DEET with you to Africa. It is not easy to get hold of mosquito repellent once on the road.
- Always sleep under a mosquito net or in a secure tent with all zips zipped up.
- Cover up at the beginning and end of the day including wearing long-sleeved and long-legged lightweight clothing as well as socks.
- Wear impregnated wrist and ankle bands.
- You may wish to treat clothing with permethrin.

Do be aware also your insurance cover may well assume you are on a recognised course of anti-malarials. If you don't take a recognised anti-malarial, it may affect your cover.

Other medical issues

You are reminded that the incidence of HIV AIDS is very high in the countries through which we travel. Sexual contact and dirty needles are the main ways that the disease is spread. Do take all necessary precautions. Use condoms. If you have to have any kind of injection, do ensure that the needle is unwrapped in front of you.

You are advised also that the waterborne bilharzia parasite is present in many bodies of fresh water in Africa. It is recommended also to have a medical check up including a blood test particularly to check for bilharzia upon your return from your safari as a precaution.

Please ensure you contact a travel health clinic prior to departure for the most recent professional medical advice. The above is given as a broad guide only.

Remember it is a condition of booking that you let us know upon booking or at the earliest opportunity if you have any medical conditions, and particularly if you are on regular medication.

It is wise to know your blood group particularly when travelling in the Third World. As this is the case, as a precaution on day 1 your crew will ask for your blood type can you please have this information avaible for them.

Detailed itinerary

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Days 1 - 2: Nairobi to Nakuru

After collecting at two points in Nairobi, we stop for shopping before heading out of the capital on the scenic drive to Nakuru in the beautiful Kenyan Rift Valley. We are based in Nakuru for two nights. A Departure Meeting is held to find out about our trip including further details as to life on an overland truck.

Day Two we are on safari entering Nakuru National Park for our first game drives. Nakuru is a sanctuary for both black and white rhino, and boasts lion, leopard, waterbuck, impala and buffalo, as well as the rare Rothschild's giraffe. It is also famous for its flocks of flamingo. Depending on the season, thousands, and at times, millions of greater and lesser flamingo can be found here attracted to the algae and plankton that live in the warm alkaline waters of the lake. We have a full day of game drives here in special safari vehicles.

Distance: 162 kms
Est Drive Time: 4.5 hours
Meals: X2 Breakfasts, X2 Dinners

Included wildlife activity: Full day of game drives in Nakuru National Park.
Vehicle for game drives: 4x4 minivan with pop up roof

Days 3 - 4 Nakuru to Naivasha

Naivasha is the highest freshwater lake of the central Rift Valley, and we spend a couple of nights here to relax and enjoy a hippo cruise on the lake, as well as the choice of other activities.

You can have afternoon tea on the grassy lawns at Elsamere, where the resident troop of black and white colobus monkeys are often on view. A guided walk to the jade green Crater Lake Sanctuary is another option, or hire a bike to ride through Hell's Gate National Park through the red cliffs of Njorowa Gorge and other fascinating features in this park. This excursion is a great way to stretch your legs in the African bush amidst plain's game such as zebra, eland, harbebeest, Thomson's gazelle and giraffe, as well as buffalo. The scenery in this park is stunning due to past volcanic activity 35 million years ago. It can get hot in this park though so take plenty of water.

Distance, Day 3: 70 kms
Est. Drive Time, Day 3: 3 hours incl. stop for shopping
Meals: X2 Breakfasts, X2 Dinners

Included wildlife activity: Hippo cruise Lake Naivasha

Optional excursions: Elsamere for afternoon tea, cycling in Hell's Gate National Park, guided walk to Green Crater Lake.

Day 5: Naivasha to Loita Hills

From Naivasha we make our way towards the Masai Mara reserve. We stop overnight at Loita Hills for a stay with the Masai, East Africa's most reknowned ancient people who proudly retain so many of their traditional ways.

This afternoon we walk in the hills with the warriors to learn about traditional life in the bush and have time for some "warrior training" . We will also visit a woman's village and the local hot springs. Traditional dancing is performed, and in the evening we spend time with some of the warriors around the fire to find out more about their culture.

Distance: 154 km
Est. Drive Time: 5 hours incl. stop for shopping
Meals: X1 Breakfast, X1 Dinner

Days 6 - 7 : Loita Hills to Masai Mara

Up early, we say goodbye to our Maasai hosts and head on to the Masai Mara, Kenya's premier game park, for two days of game drives in special safari vehicles with a local guide.

The Masai Mara is one of the natural wonders of the world and is perhaps best known for being part of

the setting for the famous wildebeest migration, a mass movement of over 2 million wildebeest, zebra and Thomson's gazelle. The migration moves between the plains of the Serengeti and Ngorongoro Conservation Area in Tanzania, and the Masai Mara in Kenya. On the months when the migration arrives in Kenya, any time from late June, the vast herds can be regularly found on the grassy plains, tending to stay on through to October.

Apart from the ever-watchful crocodiles found in and by the rivers, the other ever-vigilant predators, particularly lion, cheetah and hyena, closely follow the herds on their seasonal migrations as well to add to the drama. The Mara is particularly famous for its "Big Cats- its lion population, as well as cheetah and leopard.

Regardless of the season though there is always plenty to see here. Large herds of elephant and buffalo wander the plains and fat pods of hippo wallow in the mud-brown rivers. The park offers as well a wonderful chance to see impala, topi, reedbuck, eland, warthog, bat-eared foxes, jackal and giraffe as well as an immense variety of bird life with well over 550 recorded species of bird noted here. There are also a few treasured black rhino in the park.

Distance, Day 6: 60 km
Est. Drive Time, Day 6: 2 hours to the park gate, then slow transit to camp
Meals: X2 Breakfasts, X2 Dinners

Included wildlife activity: X2 morning and X2 afternoon game drives in the Masai Mara
Vehicle for game drives: 4x4 open landcruiser with pop up roof

Optional excursion: Balloon safari

Days 8 - 9: Masai Mara to Nairobi

Leaving the park, we travel to Nairobi, the capital of Kenya, stopping off at the Rift Valley lookout on the way.

The next day we spend in Nairobi to visit the Giraffe Centre and Sheldrick's elephant orphanage in the morning, the afternoon is then free to explore the city.

That evening we can have a night out in Nairobi to try one of its many restaurants

Distance, Day 8: 300 km
Est. Drive Time, Day 8: Short morning game drive, then 6.5 hours to Nairobi incl. lunch stop and photo stops
Meals: X2 Breakfasts, X2 Dinners (incl. contribution to night out)

Included wildlife activity: Sheldrick's elephant orphanage, Giraffe Centre

Optional excursions: Meal out at a restaurant

Please note this itinerary is given as a guide only. A safari is a journey and true journeys unfold. They are of an adventurous nature. The unexpected can arise, so do allow for this. Feel free to give us a call about your overland safari plans. We look forward to your further enquiries.

Money and budgeting

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When working out the costs for your overland safari remember to budget for the following:
Before you go…
1. Your price
2. Your airfare
3. Immunisation and anti-malarials
4. Insurance
5. Equipment
6. ETA for Kenya

Step off the plane in Africa with…

7. Optional activities and spending money – This is very individual and often depends on what you spend on drinks, snacks and souvenirs. A suggested budget would be 190 - 290 USD.
8. Pre and post safari costs

Please note: You need to carry money with you out to Africa to cover Items 7 to 8 (i.e. for your spending money, optionals, and pre and post safari costs). The figures above are conservative estimates for average spending per person on safari. There is always some variation in how much spending money individuals need as it is dictated by personal choice.

We have no control over local operators' charges and new or other options that become available after our date of printing. Nor can we control exchange rate fluctuations, which can impact on budgets as some items are only payable in USD or are cheaper when purchased in USD. USD often tends to be the preferred currency. Figures quoted are based on regular information we receive from operators, passengers and crew in the past 12 months. You are advised that prices do go up and down very regularly. Our aim is to keep you informed of the most recent prices. In general you will often find that whilst some prices are underestimated at other times they are overestimated.

How do I take this money to Africa?

We strongly recommend that you think carefully before you leave as to how to organise your travel money. Clients are currently organising their cash for their safari as follows:

USD cash

We are finding clients find it most convenient to take between USD 150 - 300 USD cash on this trip. This includes money for some optionals and occasionally to buy local currency when you can't get to a bank or forex bureau, and/or if you don't have a debit/credit card.

Please note that in general USD notes need to be dated 2013 onwards and in good condition. When arranging your USD cash a range of denominations is probably the most convenient including 5 USD and 10 USD notes as well as 20s, 50s and 100s.

ATM Access and Paying by Card

Note that it will be possible to access ATMs en route if you have a debit card or credit card (Visa and master card)

Do be aware where ATM access is available you can usually only draw local currency which cannot be used for all your costs. Some of the optionals can only be paid in USD cash.

Travel cards and cash passports are not well known and not widely accepted so not recommended to bring

Do note that ATMs are not always reliable as they can be out of money, broken or the power could be out so do not solely rely on ATMs

Pounds Sterling and Euro cash

Assuming ATMs can be difficult to access regularly and to give you some extra protection against loss and theft as well as backup if you have problems using your card, we do recommend that you carry some sterling cash or euro if travelling from Europe. This can be useful to buy local currency when you can get to a bank or regular forex bureau. If you are not in sterling or Euro consider carrying more USD cash. If travelling from Europe carry at least 50 GBP or EUR to change up into local currency when you arrive at Nairobi airport. Otherwise change the equivalent in USD.

When arranging your cash remember small denominations can be useful but the larger denominations will give a better exchange rate. You should also request that your notes are not torn, written on or damaged in any way. Please note also that Scottish pound notes are not accepted.

Cash is carried at your own discretion and should be organised before you leave for Kenya. Your crew will let you know where is best to change up into the local currency, Kenyan shillings. It is best not to organise any local currency prior to arriving in Nairobi.

Other things to note in regards to organising your money for Africa

When you arrive in Nairobi, you should change up enough money into Kenyan shillings to cover all your personal needs, such as accommodation, transfers and meals including breakfast for the first day before you meet the truck. Please note breakfast is not provided on the first day of the safari.

Your crew can advise you as to what you will need, where exchanges/banks are available etc. as you travel. You will need to consider as you travel what optionals you will wish to do as well as how much you'll require for your personal needs.

This trip is structured so that some of your costs are "pay as you go" in style. This allows you to control your budget and only pay for those things you wish to do. Overland trips have been costed this way for many years for a number of reasons - partly as prices for some optionals can vary a lot month to month, partly as some optionals are quite seasonal, partly as different clients like to do different options and partly as banking in Africa is quite difficult. Doing it this way you also know that your money is regularly going directly to local operators on the ground in Africa. Do remember also to carry what you need for before and after the safari on top of the above budget.

What is included?

THE PRICE COVERS:

- Entry and game drives in The Masai Mara (2 days)
- Entry and game drives in Nakuru National Park.
- Lake Naivasha
- Hippo cruise
- Maasai village visit incl. bush walk
- Sheldrick's Elephant Sanctuary
- The Giraffe Park

AS WELL AS:

- Camping for x9 nights
- Breakfast (x9) and dinner (x9)

AS WELL AS:

- Your overland journey from Nairobi to Nairobi on a fully equipped and dieseled expedition truck/vehicle including all camping and cooking gear, a fridge, gas cooker, tents, sleeping mats etc.
- Services of a driver, cook and safari leader
- The ongoing advice and back up from The Absolute Team
- All road tolls and taxes are paid

WHAT'S NOT INCLUDED

- Flights including taxes
- Optional excursions as listed
- Pre and post tour Add Ons as well as airport transfers and accommodation
- Lunch and drinks throughout except where detailed in the inclusions
- Other incidentals including for tips, internet use, upgrades from camping and the occasional cheap excursion such as local walks
- Visas
- Extra equipment including sleeping bag, torch and medical kit
- Personal travel insurance
- Vaccinations and anti malarials as required

Personal spending money

The amount is quite individual and variations in budgets depend largely on how much you spend on souvenirs and drink, as well as on lunch and snacks. You may also need to spend on personal costs such as email, toiletries etc.

We find that you are wise to allow approximately 135 - 180 USD for personal spending money on this trip. Allow an extra 100 USD approximately if you think you might want to upgrade to stay in a single room or chalet, which are available in most campsites en route.

At lunchtime on the road we encourage you to get out independently to mix with the local community, shop in the markets or try a local cafe. This allows you to do your own thing for lunch. In East Africa you will find that, in many villages when we stop for lunch, the locals will bring lunch to you - samosas, nuts, fruit and hard boiled eggs - all brought to the side of the truck by street vendors and all sold without you having to leave your seat! Or try meat or chicken kebabs or a local favourite, the chip omelette. Drinks are cold and plentiful.

For those who enjoy shopping or even browsing there are many different items to tempt you – Makonde carvings and stone chess boards, kangas and kikois, beads and jewellery, to name just a few.

Tipping: You may like to consider tips for good service. You may find that you want to organise these tips as a group or individually. If eating out in restaurants, a 10% tip is a good guide to follow.

Crew tips are certainly not expected although the Absolute crew do work incredibly hard and often much of this work is done 'behind the scenes', before or after the group is up and about. A tip or small gift is always appreciated and is also a way to show your appreciation of their efforts if you have had an enjoyable trip.

Do budget carefully to ensure you have adequate spending money to cover all eventualities and enjoy all you wish to do once out in Africa, bearing in mind that it is very difficult to access money from overseas once you are on the trip. Remember also to budget for whatever pre and post safari arrangements you might also have in mind.

Optional activities

These excursions are paid for in Africa. Please contact us if you would like further information about any of these activities or excursions. Many of the optionals are payable in Africa in US$ (cash). A few may be payable in local currencies. (Prices guide only as at March 2026).

KENYA

• Hells Gate National Park half day cycle trip	55 USD
• Crater Lake Sanctuary walk	55 USD
• Elsamere for afternoon tea	10 - 12 USD
• Dinner out in Nairobi, approx	30 USD

Further information in regards to optional excursions and spending money

Paying for excursions in Africa allows you to decide what you wish to do as you travel. The above figures are the very latest currently available to us at the time of writing. They can be taken as a reasonable guide only. Any optionals under 20 USD will be covered by your personal spending money.

Updates on the price for all optional excursions are usually available in the update information we send out about two weeks before departure. Do check on-line for the latest copy of this document as well. Remember that the money you spend also enables much-needed cash to go to local people and wildlife conservation.

The optionals listed are usually those most clients wish to do. If you choose not to do an activity, bear in mind that this is your chance to catch up on washing and communications, read, relax and take time for yourself. During these periods the truck is usually parked up at a campsite where there are adequate facilities for you to be quite comfortable while you wait. Your crew will also, when possible, help you with alternative activities – e.g. safe places to take local walks, swim, cycle, hire a canoe, kick a soccer ball around with the local kids, go fishing, camel ride, visit the local markets or post office, a cinema, a museum, golf course, church, club or coffee shop.

If you would like further details of any of the different optionals for the safari please do not hesitate to contact the office. It is a group participation safari so it is worthwhile thinking and planning ahead as to what you personally might like to do and to work out a realistic budget accordingly.

Please note also every safari is individual and it is not possible to detail all the possible optionals you will have a choice to do nor to predict new options that can arise. Please also note though that we have no control over local operators' prices or government taxes. Nor do we just select operators only on price; many factors have to be weighed up when selecting operators. We are always keen to get information on new operators and the best prices but do be aware that deals come and go constantly in Africa. Consistent service delivery and safe and respectful ethical practices are also worth searching for and rewarding. Your crew will work very hard to ensure you get the best value for money day to day on the road.

If you would like any assistance in regard to your budget please do not hesitate to get in touch with us.

What do I need to bring?

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We ask that you carry your possessions in one large backpack, travel bag or soft suitcase (65 to 85 litre maximum). Day to day necessities can also be kept in an additional day bag. Please note we reserve the right to refuse any extra baggage and sending it home or storing it will be at your own cost. You should carry your valuables in a flat money belt that you wear against your skin.

Do remember that traveling light is always wise, particularly when going overland. Passengers also often buy a lot of African souvenirs on the way.

The vehicles have good storage capacity to carry souvenirs and there are lockups in the vehicle for your valuables, pack and day bag. There is a locker under your seat for easy access to day to day essentials.

The following list details essentials as well as non-essentials. It is a guide only. If you are unsure about specific items please feel free to ring us.

You need to bring:

- Travel documents including passport (plus relevant visas) and air tickets
- Booking Voucher with Final Receipt - essential for immigration purposes
- Vaccination documentation, particularly for yellow fever injection
- Insurance policy
- USD cash for your optional excursions and spending money
- Credit/Debit card

- **Other items to consider**

- Student/YHA card
- PADI licence/diving ticket
- International driver's license
- Photocopies of main documents (keep separately)

Essential camping equipment

- Sleeping bag and sheet
- Eating utensils, including cutlery, cup, plate/bowl
- Torch and batteries, a head torch being the most useful
- Mosquito repellent (DEET) 50% strength – 1 bottle
- Insect repellent spray
- High-factor sunblock cream
- Lip salve/Chap Stick
- Padlock
- Small personal medical kit including: anti-malarials, vitamin tablets, paracetamol, antibiotic powder, Band-Aids, cotton wool, sterile gloves, flu medication for coughs, colds and sinuses, rehydration salts, sports injury cream for sprains, an antihistamine, Imodium, eye drops, treatment for tummy bugs, stings/bites and sunburn. If you wear contact lenses you are advised to carry disposables.

Other items

- Pocketknife
- 1 litre water container (make sure it screws tight)
- Non-plastic bags for wet items, rubbish and to keep items dust-free
- Towel and anti-bacterial soap
- Condoms
- Tissues
- A means of securing your hair back is useful such as a bandana, a scarf, beanies, hair ties and clips as it can be windy driving on the truck

- Cigarette lighter
- Concentrated travel washing liquid or washing powder, clothesline
- Emergency sewing kit
- Tweezers, nail scissors, nail brush

In regards to toiletries, these are available to buy in Africa including shampoo, soap, toilet paper and tampons. Please note though that they can be quite expensive and it can be time-consuming sourcing particular items so carry what you need if possible.

Ensure you bring any medications you might require with you with the script.

The two most common gynaecological problems that may occur whilst travelling in Africa are thrush and urinary tract infections. If you know you are prone to either of these it may pay to seek advice from your doctor and bring the necessary treatments. Loose fitting, cotton underwear and clothes are always wise.

Consider bringing
- Binoculars
- Pillow
- Wet Ones
- Books
- Writing paper, pens

Electrical items
- Mobile phone
  There is reasonable mobile coverage on most of this route and text messaging/Whatsapp can be a good way to stay in touch with the outside world. Remember if you are on international roaming the charges will be very high to make and receive phone calls. If communication is very important to you, sim cards can be purchased very cheaply on the road. Some clients have their phone unlocked before arriving in Africa so they can use a local sim card.
- Smartphone/music player including headphones if you want to listen to your own music
- Camera in a protective case and spare memory card(s)
  For SLR cameras we recommend a telephoto of 120 mm (or similar) or an 80-200 mm zoom
- Camera batteries
- Polarising filter/lens hood for SLRs
- USB cable – to connect to internet cafes or for downloading

Charging your equipment
Your equipment can be charged from the truck via 600 watt Intelligent Power Inverters converting 24v DC to AC mains electricity (220-240v). This will be sufficient for charging any photographic equipment required. Remember to bring all necessary cables.

You will also want to bring a mains international adapter to charge at campsites as an alternative. A spare battery pack, where possible, is also advised.

Clothes
Please double check the weather conditions for your particular safari when packing. Cotton and loose fitting items are preferable. Do also realise that any white clothing won't stay that way!

- Lightweight cotton clothing, shorts and T-shirts as well as shirts with long sleeves and long pants, including casual wear for nights out. Long pants, sarongs and sandals are fine for these times
- Lightweight waterproof jacket and a fleece
- Sun hat, sunglasses, sandals
- Lightweight closed-in comfortable walking boots, shoes or trainers with a non-slip tread which give enough support and good traction. Please avoid shoes that get too heavy and hot, 'platforms', high heels or 'strappy' sandals
- Spare shoelaces

We would encourage you to bring clothes that will wear well, as traveling in Africa is very hard on clothes. Conditions are rough and belongings do get dusty and can get damaged. Soft bush colours are most suitable. Being able to layer clothing that can be removed easily as the day heats up is an advantage. This also helps to keep valuables inconspicuous. Clothes with zip and velcro pockets are sensible. Due

to the bumpy road conditions women are advised to bring at least one sports bra. Women should dress 'modestly', respecting the sensibilities and attitudes of the people and countries they are visiting.

Be aware that camouflage clothing should be avoided.

Life on your big yellow truck

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Day to day it is essential that everyone helps out with every routine chore. The trips are participatory in nature - the more you put in to the group and the trip the more you will get out of it. Overland safaris are very much about everyone willingly getting involved and working as a team. A roster is established for duties. Tasks you will need to be involved in are: cooking and shopping, assistant to the cook, washing up, cleaning the truck, filling the jerry cans, lighting the fires and truck guard duty.

On safari do follow all instructions given by your safari leader as to how to use equipment, move around on, and enter and exit the truck as well as how to maintain all supplies. Seat belts are fitted on the truck. For your safety please use these. Please also follow all washing and cleaning procedures carefully to avoid infections being spread.

It is essential in order to keep to schedules that you listen at group meetings to know what is happening and when, on the following day. Please follow all instructions carefully in regard to border crossings. Your truck will also usually have a small notice board with information as to what is happening for the next few days. For the group to function well you do need to keep informed as to what is happening and use group meetings to help the group work together. Please feel free to discuss any matter with the crew and to use group meetings. Do remember you are on a group safari and it is also as valuable to listen to other people's ideas as well as contribute your own.

On a daily basis you are encouraged to look out for each other and be considerate of everyone else's needs and wishes. Your group will be made up of individuals all wanting to get the most out of their trip and at the same time each of you will have your own specific likes and dislikes, needs and wishes. These are group adventure camping safari, not a 5 star holiday! A sense of humour and patience are essentials to pack! The group experience of seeing your safari through together on the truck is one of the really exciting and fun aspects of the trip. For some, the group experience and day to day life on the truck becomes a main highlight.

Often on the road you will be up early for breakfast. Wherever possible, you buy lunch in local markets and you then have opportunities to mix in with the local community and organise anything you need to including ensuring you have enough drinking water. Remember how important it is to keep up your fluid levels during the trip. Please note we cannot guarantee the provision of regular clean drinking water from the truck throughout the safari and you do need to organise your water day to day. At most campsites the truck can easily access clean drinking water and you will find the water carried on the truck is often drinkable. Where this is not the case it is advisable to buy your own bottled water, which is readily available and most campsites now sell sealed bottled mineral water. When purchasing your water do check that the bottles are sealed.

Drive times in East Africa can be difficult to predict so do be prepared for the occasional situation when the plot changes!! Getting bogged is an essential optional extra...be prepared. And in general, be ready for some occasional long and dusty drives. These are based on ongoing and careful scheduling decisions to ensure you get to the current 'must see' places.

On the road there is always a lot to see but also too, you may like to bring some good books and an iPod to listen to your own music. The occasional long drives are deemed essential by crew to get you where you want to be in the time given.

Schedules and Itineraries

When you go on safari do remember our aim at all times is to enable you to have an experience of a lifetime at an affordable price. Due to the nature of Africa - weather, politics, road conditions, lack of infrastructure, border restrictions, breakdown, sickness, etc. - it is not always possible to exactly follow departure/arrival dates and routes. The best plans can unravel and in a lot of ways that is all part of the adventure that makes your safari. Itineraries and truck schedules can be changed at any stage prior or

during your safari particularly in consideration of crew needs, weather and road conditions as well as security concerns, truck servicing requirements and booking patterns. Whilst we do all we can to avoid making changes please note we do reserve the right to change vehicles and/or crew on a safari at any time without notifying passengers.

The trips are made up of components and quite often during the safari you will probably meet clients doing shorter and longer sections of your trip depending on the booking patterns for the months you are traveling.

Camping
We supply large, durable three-person tents complete with ground sheet and separate waterproof flysheet, ideal for Africa's varied conditions. They also have mossie netting in-built at the doors and openings. These are used for two people only.

We also supply high-density foam roll mats.

All cooking equipment is supplied including pots and pans, gas cookers, a cool box, lighting, fire-grate, cooking bench, chairs and shelter. The truck also has a large fridge.

It is a participation trip and part of your every day routine will be to put up your own tent and be involved in all the daily chores on a daily basis including cooking and cleaning. You may wish to bring your own mossie net as well if you think you may wish to sleep out of your tent, particularly in the hotter months. It can become warm in the tents. Please note your net needs to be large enough to tuck in under your roll mat.

There is also the occasional opportunity to upgrade to dorm-style chalet or simple hut accommodation with a bed if you think you might need a break from camping. This usually costs about 30 USD a night. Availability though is very limited and you need to be considerate of everyone else on the truck. Do budget accordingly though if you might wish to upgrade once or twice en route.

The facilities in the campsites we use vary. In general you will find campsites that are clean, may give a little hot water, and can have working flush toilets. Be aware though that water pressure is often very weak and toilets can be long drop style. Please do not come on your African adventure camping safari expecting pristine bathroom facilities...

You will find we may also camp in the bush once during this trip under the African night sky. Your truck is well equipped but be prepared to 'rough it' a little and enjoy the chance to camp out in the wild.

Please remember when leaving a campsite we do expect you to be diligent to leave places as you find them if not better. In particular we insist that cigarette butts and toilet paper are not left behind when free camping... we are just visitors here in a continent with extraordinary challenges and dilemmas to face. Do be responsible as you travel.

Sickness
All our trucks have a medical kit, which has been put together by tropical expedition specialists for emergency use only. If you do become ill we will transport you as soon as possible to the nearest health clinic and your crew will do all they can to assist. You will always have a friendly escort.

Meals and cooking on the truck
Day to day meals are prepared from the truck using both the non perishable supplies we buy in bulk prior to the safari and fresh supplies we buy as we travel. Staying fit and healthy on safari is a priority as we do keep busy and we want you to enjoy all you do. Everyone takes turns on a roster basis cooking for the group, being 'assistants' to the cooks and with the clean up. The safari leader assists with menus, recipes and loads of ideas as well as being directly involved with cooking as needed. She/he is available to provide support and encouragement at any time during meal preparation. Cooking together is lots of fun and all part of the group experience! The sort of meals provided day to day are spaghetti and pasta dishes, stir fries, cottage pies, kebabs, curries, stews and casseroles, hamburgers or jacket potatoes, which are then complimented with rice and/or salads. Breakfast is usually fruits, muesli and/or other cereals, toast, as well as some regular cooked breakfasts like eggs, bacon, baked beans or pancakes.

Specialist diets
For vegetarians we do all possible to ensure a good supply of veggies, salads, fruits, beans, pastas and rice. The diet leans towards vegetarian day to day, as fresh quality meat is not easily accessed every day. The staples are beans, pastas, pulses, and rice, as well as fresh fruit and vegetables when available and

in season. In restaurants, when meals are ordered ahead of time, vegetarian options are available with usually good supplies of fresh fruits, veggies and salads. Do be aware though how spoilt we are in the Western world with our constant supplies of fruit and veggies regardless of the season. In reality, and more naturally, fruit and vegetable supplies are seasonal, may not be as chemically assisted and can also be difficult to access en route. We will do all we can to ensure supplies where possible.

We can also cater for gluten-free, vegans, wheat-free and dairy-free diets, supplying soymilk, rice noodles, gluten-free cereals etc.

When booking, do remember to let us know if you have any specific dietary requests.

Safety and security whilst on safari

Traveling as a group does provide you with an added level of security, but remember you need to be constantly vigilant in regards to your own health and security as well as that of your group. Always look out for all members in your group.

Personal safety

Do be very aware of protecting your cash and valuables at all times and do not walk around flaunting valuables eg. cameras, jewellery and money. Remember even cheap jewellery can look expensive! Layer your clothing to keep valuables inconspicuous and take clothes preferably with zip and velcro pockets.

Money Belts - The most efficient money belts are ones that go under your clothing, against your skin. If you use a bum bag please only carry small amounts of local currency in it that you are prepared to lose.

Do not leave anything unattended anywhere - including in your tent - and avoid being crushed in large crowds. Be very careful when you walk after dark; never walk alone or become separated from the group. Take taxis in cities at night and around unfamiliar areas. When taking taxis always agree on a price before setting off.

Whilst in Nairobi before the start of your safari, all valuables should be kept on your body when not in a safe. Once you join the truck, valuables can be locked safely away in a safety deposit box, which is kept hidden within the vehicle.

In Kenya confidence tricksters are particularly common. Be wary of anyone with a hard luck story, asking for assistance, soliciting sponsorship (particularly educational) or anyone offering a deal to change money at favourable rates. In particular Nairobi is known as ‘Nairobbery’ so please stay alert at all times.

ATMs are becoming more accessible on the route, you must also be wary of security of crimes around ATMs. Be discreet when withdrawing cash and as always be very careful with your card and cash.

Truck security

Your truck will have a lockable safe in which to keep your passport and valuables. You will also have a lockable place on the truck to keep your day bag. Your backpack is stored underneath the truck. The truck is never left unattended. Do be aware on safari you will be required in certain locations to assist with watching that all is safe and secure with other passengers. Please note whilst all precautions will be taken in regards to valuables left on the vehicle we cannot be held responsible for any damage or loss from the vehicle.

Do listen carefully to all instructions regarding security issues given by your crew and local operators as we travel. Before traveling you are also advised to keep yourself informed and up to date as to the current political situation in the countries through which we travel and to check out the Foreign Office Travel Advice. If you are a British, Australian or New Zealand citizen you may like to look at: www.fco.gov.uk, www.dfat.gov.au or www.mfat.govt.nz.

Remember this is a group experience you are booking. It is a condition of booking that you follow the group leader’s instructions and take responsibility for your rostered tasks. It is important that every member of the group is attentive and looks out for each member of the group’s health and security. All in your group will appreciate your co-operation with this.

Photography

African authorities often require that tourists do not take pictures of bridges, airports, railway stations or military installations. We are often in areas where locals are not used to being photographed and we ask you to show them every courtesy. If in doubt it is always best to ask first.

Trading, donating and supporting

You may wish to consider if you want to bring items such as old T-shirts, sunglasses, cheap watches, old walkmans/discmans and mobiles to trade.

Please be aware we strongly discourage giving away 'something for nothing' from the truck, whilst we are very happy on the other hand to donate pens, books etc. to schools. Do note it is also very unwise to donate cash en route. If you wish to donate something whilst in Africa remember pens, crayons, balls, books, soap and stickers are always welcome in schools and orphanages. For more ideas feel free to contact us.

For projects we support check out the website or contact us.

Problems or issues you may have while on the tour

Where you have any issue at all during the tour, talk to the tour leader at the very earliest as this could affect the rest of your trip. The tour leader is there to help and they can't if you don't let them know the issue. Your driver is always happy to chat as well if the tour leader isn't available.

Remember as well these are group participation trips. Group meetings are there so everyone can talk about what's happening day to day so do raise any niggles or queries at the meetings.

If you do experience a problem while you are on the tour such as feeling unwell, not getting along with a fellow traveller or if there is something that you are unhappy with in regard to the running of the tour or anything else that is bothering you or stopping you from having an enjoyable trip, please do inform your tour leader directly of the problem as a priority. They will want to know. Once they know they can take the appropriate actions to resolve the issue as quickly as possible. All and any issues will be treated with the utmost confidentiality.

Everyone at Absolute Africa works very hard to ensure our travellers have the very best of trips. Should you have a continuing problem that you feel is not being addressed effectively it is your responsibility to email or contact the office at the very earliest. Detailing your concern in writing in an email is usually the best way to explain. We will then look into this immediately to see how the problem can be resolved so you can continue to have an enjoyable tour. Further details can be seen in our Terms and Conditions (14).

General code of conduct

Please remember we are all ambassadors for our respective countries and your behaviour should reflect this. An open mind, and a desire to have a positive impact, are vital attitudes to carry with you. A sense of humour is also an essential to pack for any safari in Africa.

We ask that each member of the group looks out for each and every member in the group. The trips are about group participation and each member of the group needs to do all he or she can to enable the group to work well together.

Day to day be sensitive and aware of how you and your group are being perceived by those around you. Be alert to where you are, sensitive when taking photos, aware of how much noise we are making, careful of how you are dressed. Everyone wants to have the best time possible in Africa and there are plenty of chances to have a trip of a lifetime. Do please note excessive noise, obscenities and inappropriate behaviour cannot be tolerated. It can embarrass other members of the group and seriously upset those around us, particularly in campsites and restaurants. Be responsive and sensitive to the world around you.

Be particularly alert to the impact of excessive drinking as you travel. Alcohol abuse will put your health at risk, particularly in malarial zones. Please note alcohol is not to be drunk on the trucks.

There is also a strict no smoking rule onboard the trucks, and no-smoking areas will be set up for during meal times.

There are serious penalties in Africa with regard to illegal substances.

Game parks are a spectacular sight. Please be considerate and keep noise to a minimum. Everybody's game viewing on an ongoing basis is better served if our impact on a park is kept to a minimum. Do be attentive to all signs and instructions as to how to behave in game parks.

We won't leave a campsite until it is entirely clean. Your enthusiasm with packing up camp to ensure all is left clean is appreciated.

In a serious situation where behaviour is disruptive and/or dangerous your Safari Leader can step in and will remove you from the trip. Don't spoil your or someone else's trip.

Keeping in touch

It can be quite difficult and also expensive staying in touch whilst you are traveling in Africa. Please let your family know that this will be the case, particularly if you are usually in touch on a regular basis. In an emergency if your family needs to get in touch they should contact the Absolute office and we will do all we can to assist.

E-mail - you will be able to access email in Nairobi. Please note internet speed is quite often very slow so be warned!

Post - Letters from the U.K. to Africa take approximately 10 - 14 days and from Australia or New Zealand to Africa approximately 2-3 weeks. Please be aware that articles regularly going missing in the post.

If you did need to have something sent to you while traveling please contact the office as to the best destination and address to use. Please do not have anything of value posted to Africa en route, including credit cards or prescription drugs. In an emergency if something needs to be got out to you, the Absolute office should be contacted for further advice.

Language

English is understood in Kenya. Learning some Swahili will also ensure a warm response from the locals.

The Great Migration

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The migration covers over 3,000 kilometres on the combined stage of the Serengeti and Masai Mara plains. It is a constant movement of 2.5 million animals and may well be the highlight of your safari (depending on the season). Follow the link for our chart, which will show you where you are most likely to see the migratory herds each month of the year: www.absoluteafrica.com/The-Migration

For information on where you should be able to see which animal, as well as other useful facts, check out the chart on the following page.

With such a huge variety of wildlife to see in Africa - we have put together a quick reference guide to help you plan your safari so you know what animals might be found in game parks in each country.

		Group Name	Average Gestation (months)	Average Life Span (years)	Status	Diet	Distribution as at June 2010									
							Kenya	Uganda	Rwanda	Tanzania	Malawi	Zambia	Zimbabwe	Botswana	Namibia	South Africa
BIG FIVE	Lion	pride	3.7	15	VU	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	African Elephant	herd	22	70	VU	H	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Cape Buffalo	herd	11	17	LC	H	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Leopard	solitary	3	20	NT	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Rhinoceros Black	crash/herd	6	35	CR	H	✓	×	×	✓	Reintroduced	Reintroduced	✓	Reintroduced	✓	✓
	White	crash/herd	6	35	NT	H	Introduced	Reintroduced	×	×	×	Introduced	Reintroduced	Reintroduced	Reintroduced	✓
	Cheetah	coalition	3	11	VU	C	✓	✓	×	✓	×	✓	✓	✓	✓	✓
	Spotted Hyena	clan	4	25	LC	O	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	African Wild/Painted Dog	pack	2.5	11	EN	C	✓	×	×	✓	✓	✓	✓	✓	✓	✓
	Blue Wildebeest (Gnu)	herd	8.5	20	LC	H	✓	×	×	✓	×	✓	✓	✓	✓	✓
	Giraffe	herd/corps/tower	15	28	LC	H	✓	✓	Introduced	✓	×	✓	✓	✓	✓	✓
	Plains/Burchell's Zebra	herd/harem	12	28	LC	H	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Oryx/Gemsbok	herd	8.5	20	LC	H	×	×	×	×	×	×	✓	✓	✓	✓
	Sitatunga	herd/group	7.5	19	LC	H	✓	✓	✓	✓	×	✓	✓	✓	✓	×
	Greater Kudu	herd	9	7.5	LC	H	✓	✓	×	✓	✓	✓	✓	✓	✓	✓
	Common Eland	herd	9.2	17.5	LC	H	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Impala	herd	6.5	12	LC	H	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Thomson's Gazelle	herd	6	10.5	NT	H	✓	×	×	✓	×	×	×	×	×	×
	Gerenuk	group	7	20	NT	H	✓	×	×	✓	×	×	×	×	×	×
	Dik-dik	monogamous pair	6	3.5	LC	H	✓	✓	×	✓	×	×	×	×	✓	×
	Warthog	sounder	5.7	15	LC	H	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Mountain Gorilla	group/troop	8.5	45	EN	H	×	✓	✓	×	×	×	×	×	×	×
	Chimpanzee	group/community	8	50	EN	O	×	✓	×	✓	×	×	×	×	×	×
	Baboon	troop/congress	6	25	LC	O	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Golden Monkey	group/troop	5	19	EN	O	×	✓	✓	×	×	×	×	×	×	×
	Zanzibar Red Colobus Monkey	group	6	20	EN	O	×	×	×	✓	×	×	×	×	×	×
	Rock Hyrax/Dassie	colony	7	12	LC	H	✓	✓	×	✓	×	✓	✓	✓	✓	✓
	Banded Mongoose	group	1.7	8	LC	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Common Genet	solitary	2.5	8	LC	O	✓	✓	×	✓	×	✓	✓	✓	✓	✓
	Meerkat	mob/gang	2.5	13	LC	O	×	×	×	×	×	×	×	✓	✓	✓
	Hippopotamus	pod/herd	7.9	50	VU	H	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Nile Crocodile	bask/float	3*	45	LC	C	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
	Common Bottlenose Dolphin	pod	12	20	LC	C	✓	×	×	✓	×	×	×	×	✓	✓

Status: LC = Least Critical, NT = Near Threatened, VU = Vulnerable, EN = Endangered, CR = Critically Endangered **DIET:** C = Carnivore, H = Herbivore, O = Omnivore * Incubation not gestation

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Lonely Planets, Bradts and Rough Guides are always a mine of information

A 746 Michelin map will give you a good insight into where you are travelling.

A friendly note that conditions, prices and details change constantly in Africa and what may be appropriate and/or correct one day is not necessarily the case the next. Much time and effort goes into keeping this information as up to date as possible. At the same time do not treat this document as 'the bible' for your safari. It is a guide only to assist in steering you in the right direction.

If you have any queries please do not hesitate to get in touch. We are more than happy to assist.

Queries about your safari booking should be directed to Absolute Africa. We are available on Skype and Live Chat, or feel free to email us at our bookings office at bookings@absoluteafrica.com

10th March 2026